

# Monthly Focus Worksheet



1. List your 3 most important things to focus on in the spaces below.
2. For each week, write down the three important things for that week of the month.
3. Each week, transfer your three big things from this sheet to your Weekly Focus Worksheet for that week.

Month \_\_\_\_\_

Monthly Important Thing #1 \_\_\_\_\_

Monthly Important Thing #2 \_\_\_\_\_

Monthly Important Thing #3 \_\_\_\_\_

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## Week 1

Most Important Thing #1 \_\_\_\_\_

Most Important Thing #2 \_\_\_\_\_

Most Important Thing #3 \_\_\_\_\_

## Week 2

Most Important Thing #1 \_\_\_\_\_

Most Important Thing #2 \_\_\_\_\_

Most Important Thing #3 \_\_\_\_\_

## Week 3

Most Important Thing #1 \_\_\_\_\_

Most Important Thing #2 \_\_\_\_\_

Most Important Thing #3 \_\_\_\_\_

## Week 4

Most Important Thing #1 \_\_\_\_\_

Most Important Thing #2 \_\_\_\_\_

Most Important Thing #3 \_\_\_\_\_